



VOCABULARY

Elementary

Clothes

Answer the sentences

1. We wear them to keep our hands warm.
2. We wear it to keep our heads warm.
3. We wrap it around our necks in winter.
4. 'Levis' and 'Wranglers' are ____
5. Men usually wear one around their necks.
6. We wear them on our feet under footwear.
7. We wear it on top of our clothes to keep us warm.
8. It has buttons up the front, a collar, sleeves and is often white.
9. It goes from the waist down, is most often worn by women and can be mini, knee or ankle length.
10. Trousers or a skirt with a matching jacket is called a ____

Source: <http://a4esl.org/q/h/vc-clothes-lb.html>

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This quiz is part of the HTML-Only Self-Study Quizzes which is part of Activities for ESL Students, a project by The Internet TESL Journal.

Intermediate

Food and Nutrition Quiz

Choose the best answer

1. One of the following does not belong in this food group:
 - a. banana
 - b. beef
 - c. peach
 - d. nectarine
 - e. prune
2. The food group in question #1 is:
 - a. Meat, Poultry, Fish, Beans, Eggs, and Nuts Group
 - b. Fats, Oils and Sweets Group



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- c. Fruit Group
 - d. Bread, Cereal, Rice and Pasta Group
 - e. Milk, Yogurt, and Cheese Group
3. What food doesn't belong to this food group?
- a. chicken
 - b. steak
 - c. lamb
 - d. crab
 - e. kiwi
4. The food group in question #3 is:
- a. Bread, Cereal, Rice and Pasta Group
 - b. Meat, Poultry, Fish, Beans, Eggs, and Nuts Group
 - c. Vegetable Group
 - d. Milk, Yogurt, and Cheese Group
 - e. Fats, Oils and Sweets Group
5. What food doesn't belong to this food group?
- a. apricot
 - b. squash
 - c. zucchini
 - d. potato
 - e. broccoli
6. The food group in question #5 is:
- a. Meat, Poultry, Fish, Beans, Eggs, and Nuts Group
 - b. Fruit Group
 - c. Vegetable Group
 - d. Fats, Oils and Sweets Group
 - e. Bread, Cereal, Rice and Pasta Group
7. What food doesn't belong to this food group?
- a. chocolate milk
 - b. cream cheese
 - c. ice cream
 - d. salad dressing
 - e. yogurt
8. The food group in question #7 is:
- a. Fruit Group
 - b. Dairy Group
 - c. Vegetable Group
 - d. Meat, Poultry, Fish, Beans, Eggs, and Nuts Group
 - e. Fats, Oils and Sweets Group
9. What food doesn't belong to this food group?
- a. cookies
 - b. candy
 - c. sald dressing
 - d. cherries
 - e. butter



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10. The food group in question #9 is:
 - a. Dairy Group
 - b. Vegetable Group
 - c. Meat, Poultry, Fish, Beans, Eggs, and Nuts Group
 - d. Bread, Cereal, Rice and Pasta Group
 - e. Fats, Oils and Sweets Group

11. What food doesn't belong to this food group?
 - a. noodles
 - b. crackers
 - c. scallion
 - d. macaroni
 - e. cous cous

12. The food group in question #11 is:
 - a. Bread, Cereal, Rice and Pasta Group
 - b. Meat, Poultry, Fish, Beans, Eggs, and Nuts Group
 - c. Vegetable Group
 - d. Fats, Oils and Sweets Group
 - e. Fruit Group

13. Which of the following beverages has no fat, sugar, or oils?
 - a. milk
 - b. root beer
 - c. coffee with cream
 - d. iced tea unsweetened
 - e. lemonade

14. The United States Department of Agriculture's Daily Food Guide is in the shape of a (an):
 - a. octagon
 - b. square
 - c. circle
 - d. pyramid
 - e. hexagon

15. The United States Department of Agriculture's Daily Food Guide calls for eating ____ servings of the Meat, Poultry, Fish, Beans, Eggs, and Nuts Group every day.
 - a. 1
 - b. 2-3
 - c. 4-5
 - d. 6-7
 - e. 7-8

16. The United States Department of Agriculture's Daily Food Guide calls for eating ____ servings of the Vegetable Group per day.
 - a. 0-1
 - b. 2-4
 - c. 3-5
 - d. 5-6
 - e. 6-7



17. The United States Department of Agriculture's Daily Food Guide calls for eating ____ servings of the Fruit Group every day.
- 0-1
 - 2-4
 - 4-5
 - 5-6
 - 6-7
18. The United States Department of Agriculture's Daily Food Guide calls for eating ____ servings of the Milk, Yogurt, and Cheese Group.
- 0-1
 - 2-3
 - 3-4
 - 5-6
 - 6-7
19. The United States Department of Agriculture's Daily Food Guide calls for eating ____ servings of the Bread, Cereal, Rice and Pasta Group.
- 1-3
 - 4-5
 - 6-11
 - 12-15
 - 16-20
20. The United States Department of Agriculture's Daily Food Guide suggests that the Fats, Oils and Sweets Group be used ____.
- once a week
 - four times a day
 - never on Sundays
 - sparingly
 - every Tuesday

Source: <http://a4esl.org/q/h/9801/cr-nutrition.html>

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Advanced

Disaster Vocabulary

Answer the sentences

1. A violent and heavy snowstorm is called a ____
2. When crops fail and livestock die through lack of water because of no rain there is a ____
3. The above situation could cause massive starvation through lack of food. This situation is called a ____
4. When the land violently moves or shakes especially around fault lines it's called an ____
5. When the above situation causes a huge body of seawater to move in towards the shore it is known as a ____
6. When there is a violent outbreak of lawlessness by people it's called a ____
7. A loud noise and sometimes huge force created by something like a bomb is known as an ____
8. A violent wind that twist round and round and causes massive destruction is called a ____
9. A disease that spreads rapidly amongst a lot of people in the same area is called an ____
10. Something that makes the air, rivers, or seas dirty is known as ____

Source: <http://a4esl.org/q/h/vc-disaster-lb.html>

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